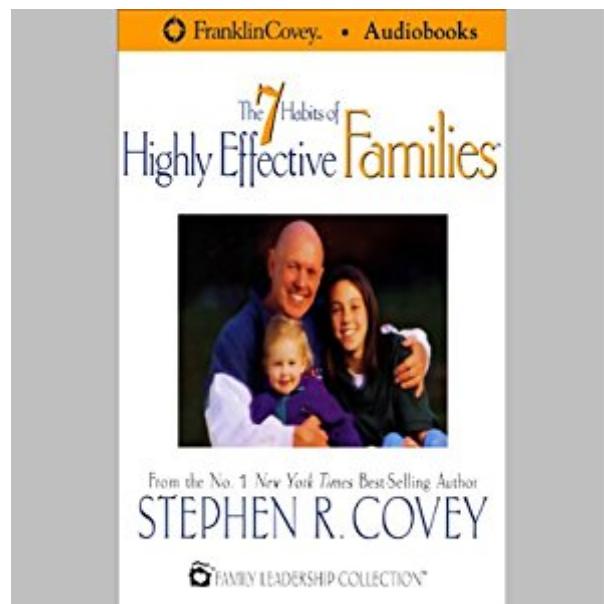


The book was found

The 7 Habits Of Highly Effective Families



Synopsis

Stephen R. Covey presents a practical and philosophical guide to solving problemsâ•large and small, mundane and extraordinaryâ•that confront all families and strong communities. By offering revealing anecdotes about ordinary people as well as helpful suggestions about changing everyday behavior, *The 7 Habits of Highly Effective Families* shows how and why to have family meetings, the importance of keeping promises, how to balance individual and family needs, and how to move from dependence to independence. *The 7 Habits of Highly Effective Families* is an invaluable guidebook to the welfare of families everywhere. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

In reading this book I have been introduced to the most common sense and easily applied principles I have ever read. This is a must read for anyone who strives to create a loving, fun, understanding family environment. The author puts his principles into easy to understand and apply ideas, such as the emotional bank account, creating a family mission statement and talks about the importance of family communication, togetherness along with one on one time. If your family is truly 1st in your life, read this book and begin making it first for everyone in your house. One of the best things about the book is his consistent use of personal stories from his family and other readers which bring it all into focus and provide ways in which you can envision the ideas working in your own family.

I'm a grandfather with six adult children and three grandchildren. Our family life had been very

difficult. I had run across Stephen Covey's books and seminars in the business world, but I never connected the principles he teaches with my family life. Since reading this book, I've found the wisdom and courage to reach out again to my wife and children. I cannot tell you how scary, exciting, and wonderful it is to be part of a real live family. I'm working on contributing within my other families, too - my in-laws, brothers and sisters, and neighbors, too. I have been buying copies and handing them out to anyone who mentions their family, whether in a good or bad light. This is an excellent guide to anyone who wants to be part of a real family. It doesn't matter whether you are Mom, Dad, Grandparents, or even an adult child. This wonderful book will help find the skills and courage to make your family first in your life and a refuge for all its members against the trials of modern life. Michael Cain

heard the taped version of Stephen Covey's *The 7 Habits of Highly Effective Families* . . . this was good, though not quite in the league of Covey's most famous book, *The 7 Habits of Highly Effective People* (put this latter one in your **MUST READ** category) . . . In *Highly Effective Families*, Covey relates the following habits to everyday family situations: 1. Be Proactive 2. Begin with the End in Mind 3. Put First Things First 4. Think "Win-Win" 5. Seek First to Understand . . . Then to be Understood 6. Synergize 7. Sharpen the Saw. I liked the countless examples that were used, along with the author's commonsense approach . . . one section, in particular, caught my attention . . . Covey notes: The Emotional Bank Account represents the quality of the relationship you have with others. It's like a financial bank account in that you can make "deposits," by proactively doing things that build trust in the relationship, or you can make "withdrawals," by reactively doing things that decrease the level of trust. And at any given time the balance of trust in the account determines how well you can communicate and solve problems with another person. He then proceeds to list some specific ideas--some "deposits" you can make in your own family--that may be helpful; e.g.: Being Kind, Apologizing, Being Loyal to Those Not Present, Making and Keeping Promises, and Forgiving.

Covey encourages every parent to do some soul searching to become aware as to what really is priority in life. Then, he suggests we put "first things first." I believe that most parents would admit that they do wish to have "FAMILY" come first--above all else. But, in today's busy, often stressful daily routine of life, accomplishing that goal is often "easier said than done". Covey clearly points out the essentials...such as establishing effective communication lines through family meetings and one-on-one talks with the kids. He makes so much sense as he describes with personal anecdotes how love, values, morality, and empathy for others is a process of teaching and learning from "the

inside out" ... in other words from within the family rippling out to society at large. He talks about establishing a family mission statement and helps to direct moms and dads to find the courage and the skills to make changes for the better. Covey's book creates the mindset and the outline. If you have young kids like me, I recommend a perfect compliment 'how-to book' with Covey's ... called "THE POCKET PARENT." This handy book, written for parents of 2-6 year olds, is loaded with compassion and humor along with over one thousand tips and skills to try. It literally trouble-shoots many of the problem behaviors we all deal with daily--such as Angry outbursts, Bedtime, Mealtime and Clean-up refusals, Tantrums, Disrespectful attitude, the "Gimmies", Morning "Crazies", Sibling fights, Whining and many more. These 2 books (one more theoretical, the other more "hands on" practical) have changed our lives. We now have more peace and cooperation in our family---and that gives us more time to enjoy each other. Consider both books for your home reference library.

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